

# LET SEAWEED SURPRISE YOU



## Nourish Your Body

Seaweed is highly nutritious and contains many beneficial minerals, antioxidants, and marine micronutrients that provide numerous health benefits.



## Create Jobs

Seaweed farming diversifies income for fishermen, shellfish farmers, and working waterfront families, in the face of a changing climate.



## Help The Planet

Seaweed requires none of the environmentally costly inputs of traditional farming and food production, and is the most regenerative + scalable crop on earth.



LEARN MORE AT [WWW.SEAWEEDHUB.ORG](http://WWW.SEAWEEDHUB.ORG)